



DELAWARE STATE PARKS

WHAT TO BRING

Cape Henlopen State Park Summer Day Camp

Please bring the following items:

- **Food:**
 - **Full day camp**
 - Morning and Afternoon **Snack** (Please limit high sugar items)
 - **Lunch:** Bring in small cooler or insulated lunch bag
 - **Half day** programs need to bring one hearty snack
Please NO PEANUTS OR TREENUTS
- **Water:**
 - Please bring a reusable **16oz** bottle (or larger) with your child's name written on it (*we provide a water cooler for refilling*)
- **Shoes:**
 - 1 Pair: Sneakers or Comfortable Walking Shoes
 - 1 Pair: Water Shoes (Crocs, Tevas, Old Sneakers or Aqua Socks but not Flip-Flops)
 - ***Campers are required to wear shoes on the beach***
- **Clothing:**
 - Bathing Suit or Extra Shorts
 - Hat
 - Sunglasses
 - Towel
- **Sunscreen- SPF 30+/ Insect repellant**
 - Please apply each day before your child comes to camp
- **Backpack-** Just big enough to put all this stuff in!
- **Extras (depending on weather):**
 - Plastic Bag (for wet clothes)
 - Extra Socks
 - Raincoat
 - Long Sleeve Shirt

Please **DO NOT** bring the following items:

- Electronics: Cell Phone, Nintendo Switch, smart watch, or other electronics
- Collecting/Trading/Gaming Cards
- Candy, Gum, or Soda